

UNIVERSITY OF PENNSYLVANIA – SCHOOL OF MEDICINE
Curriculum Vitae

Date: March 17, 2015

Steven L. Sayers, Ph.D.

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If you are not a U.S. Citizen or holder of a permanent visa, please indicate the kind of visa you have:
Not applicable

Education:

9/78 – 6/82	BA	University of South Florida, Tampa (Psychology)
9/82 – 12/85	MA	University of North Carolina, Chapel Hill (Clinical Psychology)
7/87 – 6/88		Clinical Psychology Internship, Department of Psychiatry Temple University Health Science Center
9/86 – 6/90	PhD	University of North Carolina, Chapel Hill (Clinical Psychology, minor emphasis in Quantitative Psychology)

Postgraduate Training and Fellowship Appointments:

7/2003	Summer Research Institute in Geriatric Psychiatry, Los Angeles, CA Sponsored by National Institute of Mental Health
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Military Service: None

Faculty Appointments:

3/89 – 6/90	Instructor of Psychiatry, Department of Psychiatry MCP Hahnemann University Philadelphia, PA
7/90 – 1/2000	Assistant Professor of Psychiatry, Department of Psychiatry MCP Hahnemann University Philadelphia, PA
8/98 – 1/2000	Adjunct Assistant Professor of Psychology, Department of Clinical and Health Psychology MCP Hahnemann University Philadelphia, PA
7/2001 – 6/2010	Assistant Professor of Psychology in Psychiatry at the Philadelphia Veterans Affairs Medical Center Department of Psychiatry University of Pennsylvania School of Medicine Philadelphia, PA

- 7/2004–6/2007 Assistant Professor of Psychology in Medicine
Department of Medicine
University of Pennsylvania School of Medicine
Philadelphia, PA
- 7/2010 – present Associate Professor of Psychology in Psychiatry at
the Philadelphia Veterans Affairs Medical Center
Department of Psychiatry
University of Pennsylvania School of Medicine
Philadelphia, PA

Hospital and Administrative Appointments:

- 3/89 – 7/95 Coordinator of Psychological Testing, Department of Psychiatry
Eastern Pennsylvania Psychiatric Institute, MCP Hahnemann
University
Philadelphia, PA
- 7/88 – 3/89 Research Associate and Staff Psychologist
David D. Burns, M.D. and Associates
Behavioral Sciences Research Foundation, Presbyterian Hospital
Philadelphia, PA
- 7/92 – 8/99 Director of the Marital and Family Therapy Program
Department of Psychiatry
Eastern Pennsylvania Psychiatric Institute
MCP Hahnemann University
Philadelphia, PA
- 7/95 – 8/99 Director of the Clinical Psychology Pre-Doctoral Internship
Department of Psychiatry
Eastern Pennsylvania Psychiatric Institute
MCP Hahnemann University
Philadelphia, PA
- 6/2000 – 7/2001 Senior Research Investigator, Department of Psychiatry
University of Pennsylvania
Philadelphia, PA
- 6/2000 – 12/2008 Investigator and Senior Research Coordinator,
Mental Illness Research, Education, and Clinical Center
Philadelphia Veterans Affairs Medical Center
Philadelphia, PA
- 10/2000 - present Clinical Psychologist, credentialed
Behavioral Health Service
Philadelphia Veterans Affairs Medical Center
Philadelphia, PA
- 8/2008 – present Director, Advanced Fellowship Program in Mental Illness Research
and Treatment (Psychology)
Mental Illness Research, Education, and Clinical Center of VISN 4
Philadelphia Veterans Affairs Medical Center
Philadelphia, PA

12/2008–present Co-Associate Director for Education,
Mental Illness Research, Education, and Clinical Center
Philadelphia Veterans Affairs Medical Center
Philadelphia, PA

Other Appointments: None

Specialty Certifications:
None

Licensure: Psychologist - PS-005882-L
Pennsylvania, December 1990

Awards, Honors and Membership in Honorary Societies:

1981	National Honor Society in Psychology
1982	Phi Kappa Phi
2015	Finalist, 19th Annual Books for a Better Life Awards (Relationships category), The National MS Society for: Coming back together: A Guide to Successful Reintegration After Your Partner Returns from Military Deployment. by S. L. Sayers. Oakland, CA: New Harbinger Publications.

Membership in Professional & Scientific Societies and Other Professional Activities:

International: Association for Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy, AABT), 11/1994 – present
AABT Couples Research and Therapy Special Interest Group (Co-President, 11/1996 – 11/1998)

National: American Psychological Association, Member 1996 – present
Society for Behavioral Medicine, member 2/2003 – 12/2008
Liaison for APA Division 43 (Society for Family Psychology) and the Couples Research and Therapy Special Interest Group of the Association for Behavioral and Cognitive Therapies, 1/2004 – present
Relational Processes in the DSM-V Committee Member, 9/2005 – 2009
Invited Federal testimony to the Senate Veterans Affairs Committee Hearing “Caring for the Families of Wounded Warriors”, March 11, 2008, Washington, DC. Senator Daniel Akaka, D-Hawaii, Chair. (<http://veterans.senate.gov>)
Standing member, HSR&D Scientific Merit Review Board HSR 7, June, 2014 – June, 2018

Local: Philadelphia Behavior Therapy Association (Treasurer, 6/1994 – 9/1999)

Editorial Positions:

Editorial Advisory Board, Clinical Psychology Review, 1997 – 2011
Special Issue Editor, Clinical Psychology Review, Vol. 18, #6, 1998
Special Issue Co-editor, Family Systems and Health, Vol. 28, #2, 2010

Ad Hoc reviewership:

Clinical Psychology Review, 1995 – present
Journal of Family Psychology, 2000 – present
Cognitive Therapy and Review, 2003 – present
Journal of Marital and Family Therapy, 2003 – present
International Journal of Geriatric Psychiatry, 2004, 2006

Cardiac Nursing: A Companion to Baunwald's Heart Disease, 2005
 Family Practice, 2006
 Journal of Cardiovascular Nursing, 2006 – present
 Psychological Assessment, 2007
 Journal of Consulting and Clinical Psychology, 2007 – present
 Journal of Cardiac Failure, 2009
 Psychological Trauma: Theory, Research, Practice, and Policy, 2013

Academic and Institutional Committees:

1/2007 – present Veterans Affairs Psychiatry Grand Rounds Committee (Director and committee member), Philadelphia Veterans Affairs Medical Center, Philadelphia, PA
 9/2008 – present Member, Research Advisory Committee, VISN (Network) 4, Veterans Health Administration, Department of Veterans Affairs, Philadelphia, PA
 1/2009 – 2010 Member, Outreach Oversight Committee, VISN (Network) 4, Veterans Health Administration, Department of Veterans Affairs, Philadelphia, PA

Major Teaching and Clinical Teaching Responsibilities:

1. Mental Health Clinic, Philadelphia, VA Medical Center, Philadelphia, PA. 2 afternoons per week, Individual, Couple and Family Therapy (2001-present).
2. Psychiatric Interviewing and the Mental Status Exam, 5 hours, group leader and preceptor, Department of Psychiatry, University of Pennsylvania, Spring (2001, 2002).
3. Psychology of Close Relationships– Course Instructor for PSYC 270-302, Department of Psychology, University of Pennsylvania, Fall semester 5 hours/week, 13 weeks (2002).
4. Research mentor – 2-3 hours per week, 1 student in the NIDA Summer Research Program, Department of Psychiatry, University of Pennsylvania, (June – Aug, 2002)
5. Research Mentorship of Post-doctoral Fellow (Dr. Tomcho) in the VA Special Fellowship for Advanced Psychology, Philadelphia VA Medical Center, Philadelphia, PA (September 2004 – August 2006).
6. Health Psychology II (Course # PS803) Instructor, Department of Social Sciences, University of the Sciences of Philadelphia, Philadelphia, PA (September 2004 – December 2004; September 2005 – December 2005).
7. Research mentor – 2 hours per month, students conducting senior theses, masters' theses, or doctoral dissertations, Department of Psychology, University of Pennsylvania. Current student: Rachel Simmons, MA. (Fall, 2005 – present).
8. Graduate student clinical practicum coordinator 4 hours/ week, Behavioral Health, Philadelphia VA Medical Center, Philadelphia, PA (Fall, 2006-present).
9. Brain and Behavior (MOD200B), Supervisor for Substance Abuse Interviews at the Philadelphia VA Medical Center, Department of Psychiatry, University of Pennsylvania, Philadelphia, PA (April 5, 2006).
10. Course Director, VA Psychiatry CME Grand Rounds; 10 hours/month (December 2006 – present).
11. Brain and Behavior (MOD200B), Supervisor for Substance Abuse Interviews at the Philadelphia VA Medical Center, Department of Psychiatry, University of Pennsylvania, Philadelphia, PA (April 6, 2007).
12. Couples Therapy in-service course, Philadelphia VA Medical Center, Philadelphia, PA. Mental Illness, Research, and Clinical Center: 10-15-hours each fall and winter (September 2007 – December 2007, September 2008 – February 2009, September 2009 – March 2010, September 2010 – February 2011).
13. Brain and Behavior (MOD200B), Supervisor for Substance Abuse Interviews at the Philadelphia VA Medical Center, Department of Psychiatry, University of

14. Pennsylvania, Philadelphia, PA (April 11, 2008).
Brain and Behavior (MOD200B), Supervisor for Substance Abuse Interviews at the Philadelphia VA Medical Center, Department of Psychiatry, University of Pennsylvania, Philadelphia, PA (April 15, 2009).
15. Research Advisory Committee member – 4 hours per year, Department of Psychology, University of Pennsylvania. Current student: Eliora Porter, MA. (May 2013 – present).

Lectures by Invitation (Past 5 years):

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| December 10, 2009 | “Family functioning problems, combat deployment, and trauma.” Invited Presenter. The Second Annual Trauma Spectrum Disorders Conference: A Scientific Conference on the Impact of Military Service. National Institute of Health, Bethesda, Maryland. |
| February 15, 2010 | “Family Reintegration of Military Combat Veterans.” Invited lecturer, Department of Psychology, University of Maryland, College Park, Maryland. |
| August 23, 2011 | “IMHS Strategic Action #17: Family Members’ Roles.” Invited address at the conference Improving Veterans Mental Health Care for the 21st Century, Veterans Health Administration, August 23-25, 2011, Baltimore, MD. |
| September 19, 2011 | “Coaching into Care: A Multi-site Call Center for Family Members.” Invited address at the conference, Updates on PTSD 2011, presented by the Department of Veterans Affairs, Palo Alto, CA. |
| December 8, 2011 | “Coaching into Care and Family Education in VA.” Invited Pre-Institute session, entitled Military and Civilian Partnerships: Extending the Bridge to Meet the Short- and Long-Term Needs of Military Families and Their Young Children. 26TH National Training Institute (NTI) December 9-11, 2011, sponsored by Zero-to-Three, National Center for Infants, Toddlers, and Families, National Harbor, Maryland. |
| April 13, 2012 | “PTSD: One disorder, multiple family approaches” Invited panel presentation at the 15 th Annual VA Psychology Leadership Conference, San Antonio, Texas. |
| June 22, 2013 | “Supporting your emotional well-being.” Invited presentation to the NJ Air National Guard, Joint Base McGuire-Dix-Lakehurst, NJ. |
| November 23, 2013 | “Treating Military and Veteran Couples: Clinical approaches and treatment considerations.” Invited Master Clinician Seminar, presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, November 21-24, 2013, Nashville, TN. |
| March 20, 2014 | “Successful family reintegration after deployment: Problems and solutions.” Invited presentation to the Council for Relationships training, Helping Vets Get Help: Training Therapists Who Work with Veterans and their Families, March 20, 2014, Philadelphia, PA. |
| February 12, 2015 | “Reintegration, PTSD and Couple Functioning of Military Veterans of the Iraq and Afghanistan Wars.” Invited presentation to the Center for Deployment Psychology, Uniformed Service University of the Health Sciences, Bethesda, MD, Presented via Webinar. |

- March 10, 2015 “Challenges Faced by Military Families During and Post Deployment” Invited presentation at the conference *Addressing the Needs of Our Military Families in North Carolina*, Practice Improvement Collaborative of the NC Division of Mental Health, Development Disabilities, and Substance Abuse, Raleigh, NC.

Organizing Roles in Scientific Meetings:

- November 15-18, 2001 Annual Meeting of the Association for the Advancement of Behavior Therapy (Member, Program Committee), Philadelphia, PA.
- November 14-17, 2002 Annual Meeting of the Association for the Advancement of Behavior Therapy (Symposium Chair), Reno, NV.
- November 20-23, 2003 Annual Meeting of the Association for the Advancement of Behavior Therapy (Member, Program Committee), Boston, MA.
- November 18-21, 2004 Annual Meeting of the Association for the Advancement of Behavior Therapy (Member, Program Committee), New Orleans, LA.
- November 17-20, 2005 Annual Meeting of the Association for Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy), (Member, Program Committee), Washington, DC.
- November 16-19, 2006 Annual Meeting of the Association for Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy), (Member, Program Committee), Chicago, Ill.
- March 23, 2007 Society for Behavioral Medicine Annual Meeting, (Member, Program Committee), Washington, DC.
- November 15-18, 2007 Annual Meeting of the Association for Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy), (Member, Program Committee), Philadelphia, PA.
- November 13-16, 2008 Annual Meeting of the Association for Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy), (Member, Program Committee), Orlando, FL.
- November 19-22, 2009 Annual Meeting of the Association for Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy), (Member, Program Committee), New York, NY.
- November 18-21, 2010 Annual Meeting of the Association for Behavioral and Cognitive Therapies, (Member, Program Committee), San Francisco, CA.
- November 10-13, 2011 Annual Meeting of the Association for Behavioral and Cognitive Therapies, (Member, Program Committee), Toronto, Canada.
- November 15-18, 2012 Annual Meeting of the Association for Behavioral and Cognitive Therapies, (Member, Program Committee), National Harbor, MD.
- November 21-24, 2013 Annual Meeting of the Association for Behavioral and Cognitive Therapies, (Member, Program Committee), Nashville, TN.
- November 20-23, 2014 Annual Meeting of the Association for Behavioral and Cognitive Therapies, (Member, Program Committee), Philadelphia, PA.

Bibliography

Research Publications, peer reviewed:

1. Jacobs, G. A., Jerome, A., Sayers, S. L., Spielberger, C. D.: Family smoking patterns and smoking among eighth and tenth grade students. *Applied Psychology - An International Review* **37**:289-299, 1988.
2. Jacobs, G. A., Neufeld, V. A., Sayers, S. L., Spielberger, C. D.: Personality and smokeless tobacco use. *Addictive Behaviors* **13**:311-318, 1988.
3. Baucom, D. H., Sayers, S. L.: The behavioral observation of couples and families: Where have we lagged and what is the next step in the sequence? *Behavioral Assessment* **2**:149-159, 1989.
4. Baucom, D. H., Sayers, S. L., Duhe, A.: Marital Attributions: Issues concerning attributional

- pattern and attributional style. *Journal of Personality and Social Psychology* 56: 596-607, 1989.
5. Baucom, D. H., Epstein, N., Sayers, S. L., Sher, T. G.: The role of cognitions in marital relationships: Definitional, methodological and conceptual issues. *Journal of Clinical and Consulting Psychology* 57:31-38, 1989.
 6. Bellack, A. S., Morrison, R. L., Mueser, K. T., Wade, J. H., Sayers, S. L.: Role-play for assessing the social competence of psychiatric patients. *Psychological Assessment: A Journal of Consulting and Clinical Psychology* 2:248-255, 1990.
 7. Baucom, D. H., Sayers, S. L., Sher, T. G.: Supplementing behavioral marital therapy with cognitive restructuring and emotional expressiveness training: An outcome investigation. *Journal of Consulting and Clinical Psychology* 58:636-645, 1990.
 8. Sayers, S. L., Baucom, D. H.: The role of femininity and masculinity in distressed couples' communication. *Journal of Personality and Social Psychology* 61:641-647, 1991.
 9. Sayers, S. L., Baucom, D. H., Sher, T. G., Weiss, R. L., Heyman, R. E.: Constructive engagement, behavioral marital therapy, and changes in marital satisfaction. *Behavioral Assessment* 13:25-49, 1991.
 10. Bellack, A. S., Mueser, K. T., Wade, J. H., Sayers, S. L., Morrison, R. L.: The ability of schizophrenics to perceive and cope with negative affect. *British Journal of Psychiatry* 160:473-480, 1992.
 11. Mueser, K. T., Bellack, A. S., Wade, J. H., Sayers, S. L., Rosenthal, C. K.: An assessment of the educational needs of chronic psychiatric patients and their relatives. *British Journal of Psychiatry* 160: 674-680, 1992.
 12. Mueser, K. T., Bellack, A. S., Wade, J. H., Sayers, S. L., Tierney, A. M., Haas, G.: Expressed emotion, social skill, and response to negative affect in schizophrenia and schizoaffective disorder. *Journal of Abnormal Psychology* 102:338-351, 1993.
 13. Sayers, S. L., Baucom, D. H., Tierney, A. M.: Sex roles, interpersonal control, and depression: Who can get their way? *Journal of Research in Personality* 27:377-395, 1993.
 14. Walsh, V. L., Baucom, D. H., Tyler, S., Sayers, S. L.: The impact of message valence, focus, expressive style and gender on communication patterns among maritally distressed couples. *Journal of Family Psychology* 7:163-175, 1993.
 15. Burns, D. D., Sayers, Moras, K.: Intimate relationships and depression: Is there a causal connection? *Journal of Consulting and Clinical Psychology* 62:1033-1043, 1994.
 16. Heyman, R. E., Sayers, S. L., Bellack, A. S.: Global marital satisfaction vs. marital adjustment: Empirical comparison of three measures. *Journal of Family Psychology* 8: 432-436, 1994.
 17. Mueser, K. T., Sayers, S., Schooler, N. R., Mance, R. M., Haas, G. L.: A multi-site investigation of the reliability of the scale for the assessment of negative symptoms. *American Journal of Psychiatry* 151:1453-1462, 1994.
 18. Sayers, S. L., Bellack, A. S., Mueser, K. T., Tierney, A. M., Wade, J. H., Morrison, R. L.: Family interactions of schizophrenia and schizoaffective patients: Determinants of relatives' interactional negativity. *Psychiatry Research* 56: 121-134, 1995.
 19. Sayers, S. L., Baucom, D. H.: Multidimensional scaling of spouses' attributions for marital conflicts. *Cognitive Therapy and Research* 19: 667-693, 1995.
 20. Mueser, K.T., Sayers, S. L., Schooler, N.R., Mance, R. M., Haas, G. L.: "A multisite investigation of the reliability of the Scale for the Assessment of Negative Symptoms": Reply. *American Journal of Psychiatry* 153:138-139, 1996.
 21. Sayers, S. L., Curran P. J., Mueser, K. T.: Factor structure and construct validity of the Scale for the Assessment of Negative Symptoms. *Psychological Assessment* 8:269-280, 1996.
 22. Sayers, S. L., Kohn, C. S., Fresco, D., Bellack, A. S., Sarwer, D.: Marital cognitions and depression in the context of marital discord. *Cognitive Therapy and Research* 25:713-732, 2001.
 23. Thompson, R., Katz, I.R., Kane, V.R., & Sayers, S.L.: Cause of death in veterans receiving general medical and mental health care. *Journal of Nervous and Mental Disease*. 190: 789-792, 2002.
 24. Thompson, R., Kane, V., Sayers, S.L., Brown, G.K., Coyne, J.C., & Katz, I.R.: An assessment of suicide in an urban VA medical center. *Psychiatry: Interpersonal and Biological Processes*. 65: 326-337, 2002.
 25. Oslin, D.W., Sayers, S.L., Ross, J., Kane, V., Ten Have, T., Conigliaro, J., Cornelius, J.: Primary

- Care Based Telephone Disease Management for Depression and At-Risk Drinking. *Psychosomatic Medicine*. 65: 931-937, 2003.
26. Rosenfarb, I. S., Bellack, A. S., Aziz, N., Kratz, K. M., Sayers, S. L.: Race, family interactions, and patient stabilization in schizophrenia. *Journal of Abnormal Psychology*. 113 (1): 109-115, 2004.
 27. Blanchard, J. J., Sayers, S. L., Collins, L. M., Bellack, A. S.: Affectivity in the problem-solving interactions of schizophrenia patients. *Schizophrenia Research*. *Schizophrenia Research*. 69 (1) 105-117, 2004.
 28. Sayers, S. L., Campbell, C., Kondrich, J., Mann, S. C., Cornish, J., O'Brien, C., Caroff, S. N. Cocaine abuse in schizophrenic patients treated with olanzapine versus haloperidol. *Journal of Nervous and Mental Disease*. 193 (6): 379-386, 2005.
 29. Kohn, C.S., Sayers, S.L.: Extreme relationship standards in the context of discordant and nondiscordant couples. *Cognitive and behavioral practice* 12(3): 319-323, 2005.
 30. Oslin, D.W., Ross, J., Sayers, S.L., Murphy, J., Kane, V., Katz, I.R. Screening, Assessment, and Management of Depression in VA Primary Care Clinics: The Behavioral Health Laboratory. *Journal of General Internal Medicine*. 21: 46-50, 2006.
 31. Sayers, S.L., White, T., Zubritsky, C., Oslin, D.: Family Involvement in the Care of Healthy Medical Outpatients. *Family Practice*. 21: 317-324, 2006.
 32. Riegel, B., Vaughan Dickson, V., Hoke, L., McMahon, J. P., Reis, B. F., & Sayers, S. L.: A Motivational Counseling Approach to Improving Heart Failure Self-Care: Mechanisms of Effectiveness. *Journal of Cardiovascular Nursing*. 21(3): 232-241, 2006.
 33. Baucom, B., Eldridge, K., Jones, J., Sevier, M., Clements, M., Markman, H., Stanley, S., Sayers, S. L., Sher, T., & Christensen, A.: Relative contributions of relationship distress and depression to communication patterns in couples. *Journal of Social and Clinical Psychology*. 26(6): 689-707, 2007.
 34. Sayers, S.L., Hanrahan, N., Kutney, A., Clarke, S.P., Reis, B.F., & Riegel, B. Psychiatric Comorbidity and Increased Hospitalization Risk in Older Adults with Heart Failure. *Journal of the American Geriatric Society*. 55(10), 1585-1591, 2007.
 35. Sayers, S.L., Riegel, B., Goldberg L.R., Coyne, J.C., & Samaha, F.F.: Clinical Exacerbations as a Surrogate Endpoint in Heart Failure Research. *Heart & Lung*. 37(1): 28-35.2008.
 36. Sayers, S.L., Riegel, B., Pawlowski, S., Coyne, J.C., & Samaha, F. Social support and self-care of patients with heart failure. *Annals of Behavioral Medicine*. 35(1): 70-79.2008.
 37. Sayers, S.L., Farrow, V., Ross, J., & Oslin, D. W. Family problems among recently returned military veterans referred for a mental health evaluation. *Journal of Clinical Psychiatry*. 70(2): 163-70. 2009.
 38. Sayers, S. L. Family reintegration difficulties and couples therapy for military veterans and their spouses. *Cognitive and Behavioral Practice*. 18(1):108-119. 2011 10.1016/j.cbpra.2010.03.002
 39. Riegel, B., Glaser, D., Richards. K., Sayers, S.L., Marzolf, A., Weintraub, W.S., & Goldberg, L. R., Modifiable factors associated with sleep dysfunction in adults with heart failure. *European Journal of Cardiovascular Nursing*. 2011. doi:10.1016/j.ejcnurse.2011.02.001.
 40. Riegel, B., Ratcliffe, S. J.; Weintraub, W.S., Sayers, S.L., Goldberg, L.R., Potashnik, S., Weaver, T.E., & Pressler, S.J. Double jeopardy: the influence of excessive daytime sleepiness and impaired cognition on health-related quality of life in adults with heart failure. *European Journal of Heart Failure*, 14(7), 730-736. 2012; doi: 10.1093/eurjhf/hfs054
 41. Riegel, B., Ratcliffe, S. J., Sayers, S. L., Potashnik, S, Buck, H. G., Jurkovitz, C., Fontana, S., Weaver, T. E., Weintraub, W.S., & Goldberg, L.R. Determinants of Excessive Daytime Sleepiness and Fatigue in Adults With Heart Failure. *Clin Nurs Res*, 21(3). 2012 pp. 271-293. DOI: 10.1177/1054773811419842
 42. Riegel, B., Hanlon, A. L., Zhang, X., Fleck, D., Sayers, S. L., Goldberg, L. R., & Weintraub, W. S. What is the Best Measure of Daytime Sleepiness in Adults with Heart Failure? *J Am Assoc Nurse Pract* Vol. 25 (5), pp. 272-9, 2013. DOI:10.1111/j.1745-7599.2012.00784.x
 43. Tang, H-Y, Sayers, S. L., Weissinger, G., & Riegel, B. The Role of Depression in Medication Adherence among Heart Failure Patients. *Journal of Clinical Nursing Research*. 2014 Jun; Vol. 23 (3), pp. 231-44. DOI:10.1177/1054773813481801

44. Mavandadi, S., Dobkin, R., Mamikonyan, E., Sayers, S., Have, T. T., & Weintraub, D.. Benefit Finding and Relationship Quality in Parkinson's Disease: A Pilot Dyadic Analysis of Husbands and Wives. *Journal of Family Psychology*. Vol 28(5), Oct, 2014. pp. 728-734. DOI: 10.1037/a0037847
45. Hershenberg, R., Mavandadi, S., Klaus, J. R., Oslin, D. W., & Sayers, S. L. (2014). Veteran preferences for romantic partner involvement in depression treatment. *General Hospital Psychiatry*. doi: 10.1016/j.genhosppsy.2014.08.001
46. Mavandadi, S., Jacques, N., Sayers, S. L., & Oslin, D. W. (2014). Health-related social control among older men with depressive symptomatology. *Aging & Mental Health*, 1-8. doi: <http://dx.doi.org/10.1007/BF02227860>

Research Publications, peer-reviewed reviews:

1. Sayers, S. L., Kohn, C. S., & Heavey, C.: Prevention of marital dysfunction: Behavioral approaches and beyond. *Clinical Psychology Review* 18:713-744, 1998.
2. Cohen, A.N., Glynn, S.M., Murray-Swank, A.B., Barrio, C., Fischer, E.P., McCutcheon, S.J., Perlick, D.A., Rotondi, A.J., Sayers, S.L., Sherman, M.D., & Dixon, L.B. The family forum: Directions for the implementation of family psychoeducation for severe mental illness. *Psychiatric Services*. 59(1): 40-48, 2008.
3. Dausch, B.M., Cohen, A.N., Glynn, S.M., McCutcheon, S., Perlick, D. A., Rotondi, A., Sautter, F. J., Sayers, S. L., Sherman, M.D., & Dixon, K. An Intervention Framework for Family Involvement in the Care of Persons with Psychiatric Illness: Further Guidance from Family Forum II. *American Journal of Psychiatric Rehabilitation*. 15: 5–25, 2012. 10.1080/15487768.2012.655223.
4. Sayers, S. L., Gordon, A. J., Streim, J. E., Thase, M., Sweet, R., Haas, G., & Goldstein, G. A Conceptual Framework of Comorbidity for Investigation in the Context of Psychiatric Disturbance. *Current Psychiatry Reviews* 9 (2): 155-163, 2013. DOI: 10.2174/1573400511309020010
5. Sayers, S.L., Glynn, S. M., & McCutcheon, S.: Family court and a review of family services in the Department of Veterans Affairs. *Family Court Review*. 2014 Jul; Vol. 52 (3), pp. 371-380. DOI: 10.1111/fcre.12098

Contributions to peer-reviewed clinical research publications, participation cited but not by authorship:

1. Bellack, A.S., Haas, G.L., Schooler, N.R., & Flory, J.D. Effects of behavioural family management on family communication and patient outcomes in schizophrenia. *British Journal of Psychiatry* 177:434-439, 2000.

Research Publications, non-peer reviewed:

None

Abstracts:

1. Sayers, S.L.: A family-based intervention for improving self-care of Veterans with heart failure. Presented at the 2007 Office of Care Coordination National Caregiver Forum, Washington, DC, January 18, 2007.
2. Sayers, S.L., Farrow, V., Ross, J., Beswick, C., Sippel, L., Kane, V., Oslin, D. W. The Importance of Family Readjustment Problems Among OEF-OIF Veterans Referred for Behavioral Health Evaluation. Presented at the Health Service Research & Development National Meeting, Arlington, VA, February 22, 2007.
3. Lyle, J. L., Tomcho, T. J., Juryea, B, Sayers, S. L. Randomized Clinical Trials of Telehealth Interventions for Cancer: Meta-analysis of Psychological Outcomes. Presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC, March 23, 2007.
4. Sayers, S.L., Farrow, V., Ross, J., Beswick, C., Sippel, L., Kane, V., Oslin, D. W. The Importance of Family Readjustment Problems Among Iraq and Afghanistan Veterans Referred for Behavioral Health. Presented at the MIRECC/Best Practices meeting in Alexandria, VA, July 18, 2007.
5. Sayers, S.L., Farrow, V., Ross, J., Beswick, C., Sippel, L., Kane, V., Oslin, D. W. Family Problems Among Recently Returning Military Veterans. Presented at the Annual Meeting of the American Psychological Association, San Francisco, August 17, 2007.

6. Sayers, S. L. OEF-OIF Mental Health. Discussant for symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, November 16, 2007.
7. Sayers, S.L., Farrow, V., Ross, J., Beswick, C., Sippel, L., Kane, V., Oslin, D. W. The importance of family readjustment problems among Iraq and Afghanistan Veterans referred for behavioral health evaluation. Presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, November 17, 2007.
8. Sayers, S. L., Mavandadi, S., Jackson-Malik, P., Stern, J., Murphy, J., Wiener, M.G. Levels of Family Autonomy-Support Climate and Self-care of Veterans with Heart Failure and Diabetes. Presented at the Veterans Affairs Health Service Research & Development National Meeting, Baltimore, MD, February 13, 2008.
9. Sayers, S.L., Farrow, V., Ross, J., Oslin, D. W. Family Reintegration Problems Among Iraq and Afghanistan Veterans: The Role of Depression and PTSD. Presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, November 15, 2008.
10. Sayers, S.L. The "How To" Clinic: Implementing Evidence Based Practices Across Clinical Settings. Panel discussion presenter at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, November 16, 2008.
11. Sayers, S. L. Family Partnership Intervention: Adaptation for individual couples. Presented at the Annual Meeting of the Society of Behavioral Medicine, Montreal, Canada, April 24, 2009.
12. Sayers, S.L. OEF-OIF Family Outreach Pilot Project: Collaborative project of VISN 4 & VISN 6. Presented at the 3rd Annual VA Mental Health Conference, Baltimore, July 22, 2009.
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